

# Garab surungky Reerky Maine o qapang Owlaad Yeryer



misy weer  
1-888-644-1130

## CradleME Referral System

CradleME wey koo aawiyaase inii si bilaash e ingky  
hiranaaty adeegy guriya athy ii owladaa. CradleME weyba  
iskaashi ly suubiyaase barnaamishy bathang.



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207-287-3991

## Barnaamishky Nafaqady ee WIC

WIC wey aawiyaase bilaangty urkyl le, haang nuujiayang, ii  
owladdy ku yer 5 sinny, oo ku mid eying owladdy la  
korsathow. WIC wey waa barnaamish nafaqy oo dhamaystirang  
oo biyow hungury nafaqysing, barashadady nafaqady, garab  
surungky naas nuujingty ii ing gudbiyowky adeegyathy kaleed.



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1-888-644-1130

## Daryeelky Aafamaadky Dadwiinagy

Daryeelky Aafamaadky Dadwiinagy ee Maine CDC weysiayany  
reerky adeegy aafamaad ee guriya. Bilaangty urkyl le dhong ii  
hang umuleng, ii barbaarty ii owladdy usub haanas oo da'adiyo ku  
yerty 12 billood wey hely korana daryeelky aafamaadky  
dadwiinagy. Hoo athy qabty su'aal ku saabsang aafymaadka misy  
aafymaadkay unuga wey edsathy korte daryeelly markasty oo athy  
weerty lambarky CradleME.



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1-888-644-1130

## Maine Mom

MaineMOM waliba hormariyase daryeelky bilaangty urkyl le I  
haang umulow o ly daaladha'aw isti'imaalowky maandooriyathy I  
sapiyaangsho yeetho o ly isky darow atheegyithy dadwiinighy  
ahayooyingky I haang maangdooriyithy. Ma'aluumaaadky ku  
saabsyng goopo atheegy MaineMOM I sithy lyngky gudbiyow  
atheegyathy waliba luku hely korre MaineMOM.org  
MaineMOM.org.

## Daryeelky Unuga i Head Start



Doorashady daryeelky owladaa weybuwa to ku  
mid e go'aanathy ingky muhimsing ee athy  
qaathathy doonty. Barnaamisho feely wey  
biayaany daryeel wanaagsang ii tagyeery  
walbarashy, weyny Maine ka letaa illy koo aawiyi  
kory!



Barnaamishky Daryeelky Aafamaadky Owladdy  
Raqiisky e wey aawiyeey qosasky ing qalamang  
inii biyang la'agty daryeelky owladdy si  
waaladky ing shaqeeyy oo ing dhikadang  
iskuuladky misy oo ingku qib qaadadang  
tababarady shaqy, kaalmy yaa lang hely kory  
reerky sidaas oo kaleed hang ing qalamang oo  
waayeel ee masuulky unugy.



Head Start wey biyeey walbarashy bilaash e oo  
feely, ii adeegy dhammaystiring oo ku mid eying  
nafaqy, aafamaad, aafymaadky miirky,  
walbarashady waaladky/masuulady, ii garab  
surungky dadky langky tiriy kali ii qosasky ing  
qalamy oo qabang owladdy da'adiyo ety ilaa ii 5  
sany.

## MaineCare

weer  
1-855-797-4357

MaineCare weybuwa barnaamishky Medicaid e gobolky Maine  
kaas oo biyow aymisky aafymaadky oo bilaash e misy qiimy  
jabang oo lyngky talagali dadwiinagy, owladdy, bilaangty  
urkyl le, wayeelady, ii dadky naafathy e. MaineCare weyba koo  
aawiyaase helowky daryeel aafymaad oo ing baahangty si athy  
daryeelly nafta e ii reerka. Weyku hely korte ma'aluumaaad  
dheerad e oo athy ka edsaty MaineCare athy oo booqathaasy  
MyMaineConnection.gov.



misy weer  
207-642-7991

## CoverME

Barnaamishky Aymisky Aafamaadky CoverME.gov ee Maine,  
wey biyey ma'luumaaadky ky saabsang ikhtiyaaro aymisky  
aafamaadky o bilaashky e misy raqiisky e oo langky talagali  
reerky Maine. Wey keloo ku hely korte liksy bushughly  
mahaligy e taas oo ing sahaly korty inii fahangy  
doorathowkaa aymisky oo athy dhammaystirty edsagaa.



misy weer  
1-833-714-7969

## Help Me Grow Maine

Help Me Grow Maine weybuwa meet lyng qorsheeyi inii laky hiry  
owladdy ilaa siyed snny, i sidaas oo kaleed wey laky biyey  
daryeelky bilaangty urkyl le, siyo ing helang ma'aluumaaad ii  
adeeg ky saabsang hormarky owladdy ii sidaas oo kaleed  
kheyraadky dadwiinagy. Wey la shaqeeyaase 211 Maine,  
daryeelyaalky ii tababaryaalky wey la hariiry koraana Help Me  
Grow Maine si yo ing helang tagyeery dheeraad e. Help Me Grow  
Maine wey dhugungsadaase, oo hariiriyaase adeeggy reerky,  
weyny biyaase raa'isty daryeelyaalky ii illo raad rahowky.



## Reerky Maine

Maine Families weybuwa shabakad wadang oo dadwiinagy ingky  
adeegas baahithiyoo gaar ahaan bilaangty urkyl le ii waaladky  
owladdy usub. Booythaalky iddy o daryeelky le o hirfidiyalky e  
ye kiily shaqeeyi doony si athy ing helly ma'aluumaaad i kheyraadky  
oo koo aawiyi korry kor ing qaathowky aafymaadky jirky i  
masqangty o owladaa i guud ahaang reerky.



## Faragelinty Hory ee ME, 0-3 sany & Walbarashady Dadwiinagy oo Bilaash ee, 3-5 sano

Ikhiyaarky bilaashky e luku bilaawy dhalathowky, Waahdy  
Walbarashady ee Maine wey biyaase barnaamishy laky taagyeerow  
korriingky aafymaadky ii barnaamishy walbarashady ee Early  
Intervention oo lyngky talagali owladdy da'adiyo luku bilaawy  
dhaladowky ilaa seddy sinny, wey biyey qiimeyey hormarky reerky,  
walbarashady ii agab kaleed. Owladdy yerer oo da'adiyo ing  
dhaheety seddy sinny ilaa shang sinny wey ku faa'idaysadaayany  
walbarashady dadwiinagy oo bilaash ii adeego la hariir (Adeegky  
Hormarky Unuggy, Qiibty B).



## Qorshyghy Daryeelky Badbaathythy (POSC)

Qorshyghy Daryeelky Badbaady Maine wey biyeeyy  
tababary aafymaad ii adeegy dadwiinagy, aayow, ii/misy  
tababary kaly, ye oo lyng fiiriyy hogty ii baahathy reerky,  
khayraadky waltarky le, ii tallooyingky ingky feely ee  
owladdy ii reerkaas oo la kulami maangdooriyi. Qorshyghy  
daryeelky badbaadady wey badana gudbiyey adeeg iyo  
ma'aluumaaad la hariiry qosasky.



## Ovlaady ii Dhallinyarady Ing Baahang Aafamaadky Gaarky e

Barnaamishy Owladdy ii Dhallinyarathy ing baahang  
Aafymaadky Gaarky e wey la shaqeeey reerky owladdy ii  
dhallinyarady da'athiyoo ku yerty 22 sinny ing baahang  
aafymaadky gaarky e CYSHCN wey hagaase reerky ii koohthy  
ye oo ku aawiyaa kheyraadky ka haboong owladiyo.  
Shaqaalathy wey reerky ky hagaayana nidaamky aafymaadky  
adag ye oo ky hiraayang daryeelly si lyngku hely natijiy feely  
bukaangky.



## Iskaashatathy Latalingty Owladdy Koriyaayang

Lataliyeyaalky ECCP wey si buuty ing la shaqeeayena daryeelathy  
owladdy ii maallangmiingty si yo ing taagyeerang baahiyalky  
aafymaadky miirky e owladdy da'adiyo ing dhaheety 0-8 sinny  
haanas oo ly kulameeng dhibaaty la hariiry dhaqangky misy  
dareensho o goopo daryeelky owladdy misy iskoole. Adeegy  
ECCP wey so'othey muddy gaabang oo bilaash.

Si athy ing sawarty koodhyaalky QR, fur  
appky kaamiraddy oo ky jerry aaladdaa oo  
ky eedi koodhky athy fathaas inii ky  
sawarty. Lifaaq ye ku araggy doongty  
shaashaddy—ri si athy ing booqaty  
shabakady.



Hay'addung wey biyaase fursathy simang.